VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM

B.P.Ed. DEGREE EXAMINATION – November 2019

Third Semester

THEORIES OF SPORTS AND GAMES, OFFICIATING AND

COACHING - PART-I

Maximum: 75 marks

PART - A (10 x 2 = 20 marks)

Answer any **TEN** questions. All questions carry equal marks.

- 1. Give the expansion of IAAF.
- 2. Define a standard track.

Time: Three hours

- 3. What are the running distances in cross-country races for men and under 20 men?
- 4. What are the length and which of the runway in horizontal jumps?
- 5. What are the duties of call room judges?
- 6. List any 2 management officials in athletics.
- 7. Give the full form of AKFI.
- 8. What are the dimensions of a cricket pitch?
- 9. What is the 3-second rule in basketball?
- 10. What is training?
- 11. List any four standard equipments for the game cricket.
- 12. What is rotation in volleyball?

PART – B (5 x 5 = 25 marks)

Answer any **FIVE** questions. All questions carry equal marks.

- 13. Draw a discus throw circle with necessary measurements.
- 14. Draw a neat diagram of the runway & landing area of high jump with all measurements.
- 15. Write short notes on official time allowed for trials in individual field events.
- 16. Draw a volleyball court with necessary measurements.
- 17. Write short notes on the qualification and qualities of a coach.
- 18. Briefly explain the duties of various officials in cricket.
- 19. Briefly explain the tie-breaking procedures for track events.
- 20. Write short notes on general rules of combined events competition.

$PART - C (3 \times 10 = 30 \text{ marks})$

Answer any **THREE** questions. All questions carry equal marks.

- 21. Explain the Indian history of athletics.
- 22. Draw a 200m track with necessary markings and measurements.
- 23. Explain the various types of officials and their duties in track events.
- 24. Explain the marking procedure of a Kabaddi court with necessary measurements.
- 25. Explain the valid official signals related to violations in the game basketball.
